Protect All Patients: A Paradigm Shift Focusing on the Impact the Nose Has on Infections

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EARN CONTACT HOURS

DOCUMENTATION OF ATTENDANCE IS REQUIRED FOR CE CREDIT.

At the end of the presentation, you will document your attendance, so please remain in your seat immediately following the presentation and listen to the instructions.

1.0 contact hours are provided by Terri Goodman & Associates, an approved provider by the California Board of Nursing, CEP 16550

Disclosures

Consultant: ECRI

Consultant: Global Life Technologies Corp.

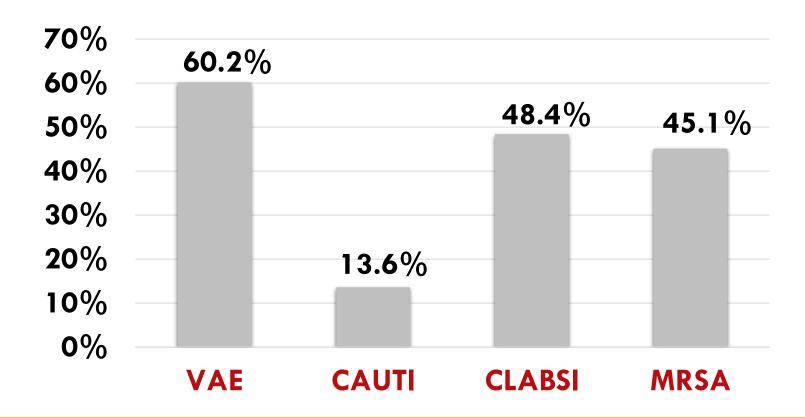
Consultant: Medical Illumination Inc.

Learning Objectives

- 1. Discuss the role of the nose on colonization pressure, transmission, and infection.
- 2. Review past, current, and emerging strategies to combat HAls.
- 3. Describe how universal nasal decolonization strategies have reduced HAIs.
- 4. Explore the steps to implement an active source control program in today's environment.

Urgent Need to Respond to Increased HAIs

Increase in rate comparing Q3 2021 to Q3 2019 as reported to the NHSN



Staph aureus #1 HAI Cause for:



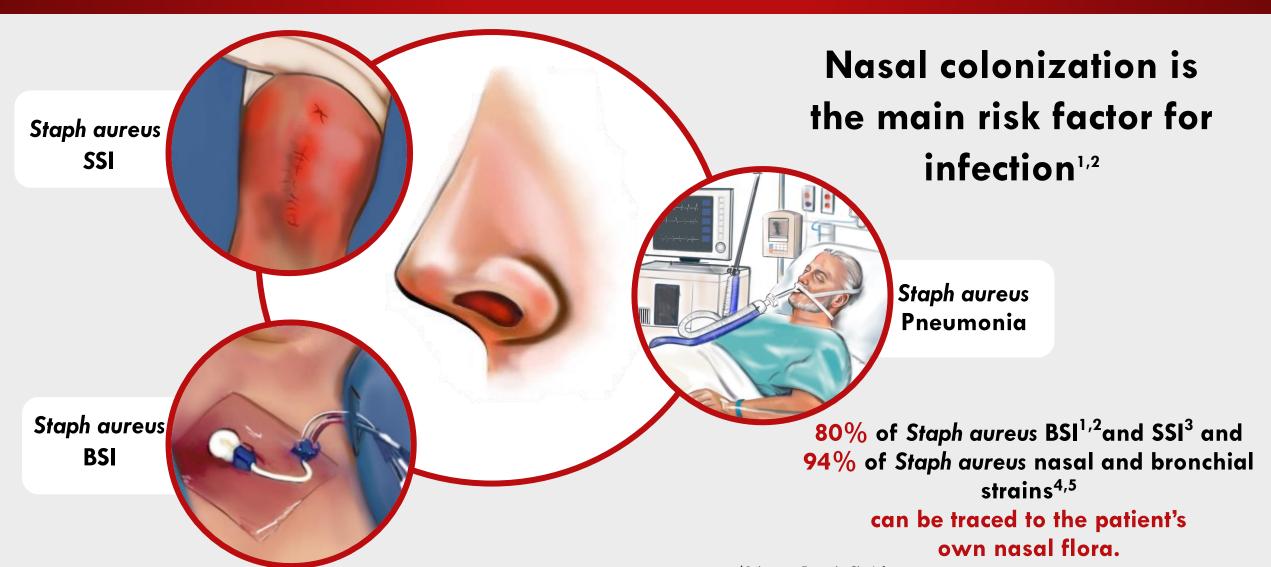
SSI

CLABSI

PVAP

PVC-BSI

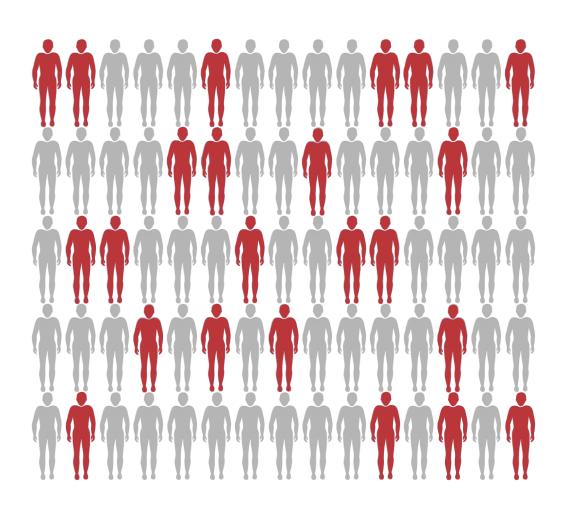
Role of Staph aureus in HAI



⁴ Rubinstein E, et al . Clin Infect Dis. 2008;46(Suppl 5):S378-85.

⁵ Corne P, et al. J Clin Microbiol. 2005;43(7):3491-3493.

Staph aureus Carriage Prevalence & the Role of the Nose

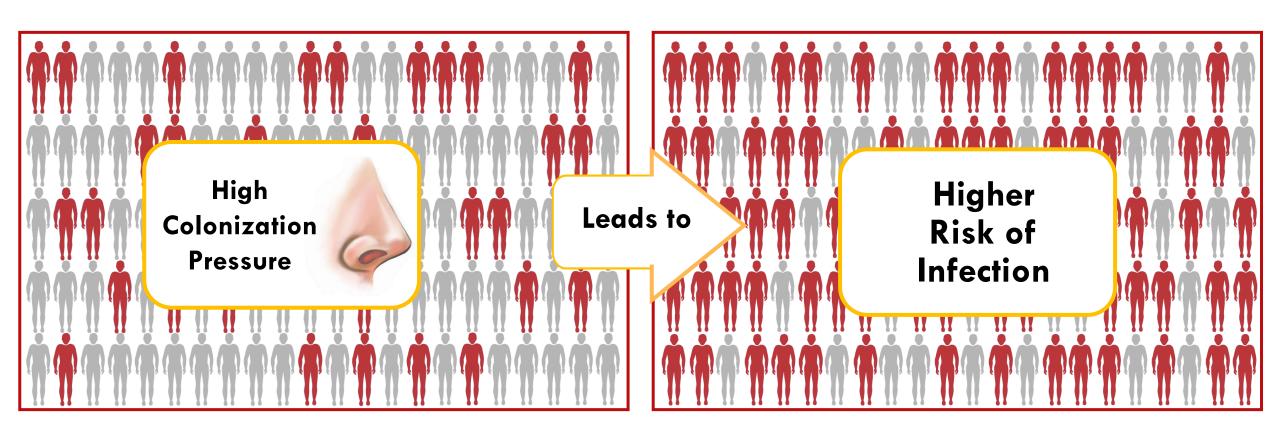


The main reservoir for S. aureus is the nasal vestibule

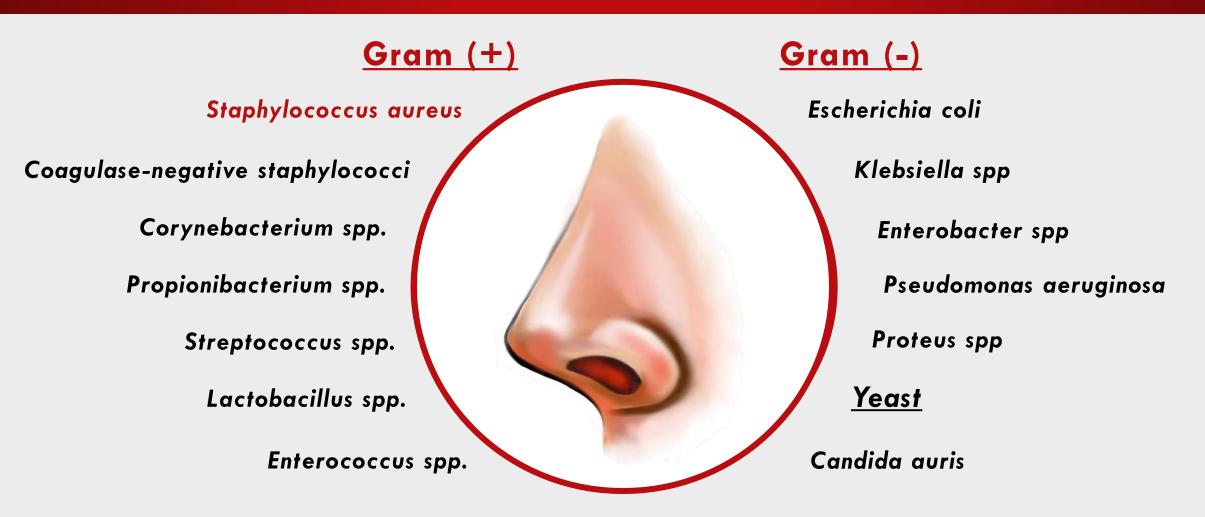
- 30% of the population are S. aureus nasal carriers²
 - ~ 25% MSSA, ~ 4 5% MRSA³
- Up to 13% of ICU admits are MRSA nasal carriers⁴
- ~ 8% rate of MRSA carriage acquisition in the ICU⁵
- When the nose is decolonized, there is a significant reduction in the number of S. aureus recovered from the skin6

Colonization Pressure

Transmission and Acquisition Increase Colonization Pressure



Microorganisms of the Nasal Vestibule



Antiseptics are effective against each of these pathogens

In Vitro Studies Alcohol Nasal Antiseptic Pathogen Kill Test

GRAM-POSITIVE STAIN MICROORGANISMS

| Challenge Microorganism | Exposure Time in Seconds | Percent Reduction |
|---|--------------------------------|----------------------|
| Enterococcus faecalis ¹ | 15 | 99.99 |
| Mycobacterium smegmatis ² | 60 | 99.99 |
| Staphylococcus aureus MRSA ² | 60 | 99.99 |
| Staphylococcus aureus MSSA ² | 15 | 99.99 |
| Staphylococcus epidermidis ¹ | 30 | 99.99 |
| Streptococcus pneumoniae ² | 60 | 99.99 |
| Streptococcus pyogenes ² | 60 | 99.99 |
| Candida albicans ¹ | 15 | 99.99 |
| Candida auris ¹ | 60 | 99.99 |

GRAM-NEGATIVE STAIN MICROORGANISMS

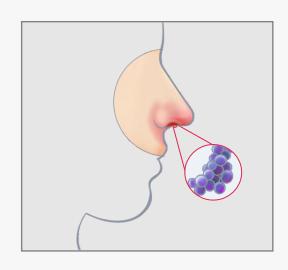
Exposure

| Challenge Microorganism | Time in Seconds | Percent Reduction |
|--------------------------------------|--------------------|----------------------|
| Acinetobacter baumannii ¹ | 15 | 99.99 |
| Enterobacter aerogenes ¹ | 30 | 99.99 |
| Escherichia coli ¹ | 15 | 99.99 |
| Haemophilus influenzae ² | 60 | 99.99 |
| Klebsiella aerogenes ¹ | 30 | 99.99 |
| Klebsiella pneumoniae ¹ | 30 | 99.99 |
| Proteus mirabilis ¹ | 30 | 99.99 |
| Pseudomonas aeruginosa ¹ | 15 | 99.99 |
| | | |

Challanaa

The Patient's Staph aureus Chain of Infection

THE MAIN RESERVOIR



Nasal Colonization

PORTAL OF EXIT



The Nose

TRANSMISSION

Endogenous Source

Self-Inoculation

Exogenous Source

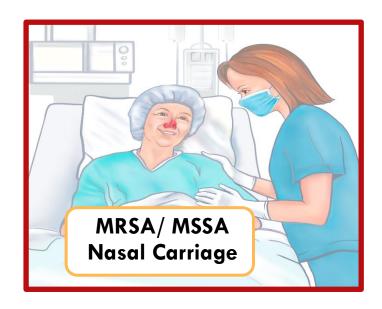
- Direct Contact Hands
- Indirect Contact Environment
- RespiratoryShort Range

PATIENT PORTAL OF ENTRY

- Mucous membranes
- Non-intact skin
- DevicesExamples
 - Ports
 - Drains
 - Tubings
 - Hubbs
 - Dressings
 - Tracheotomy Site
 - Surgical Incision
 - Wounds
 - Pressure Sores

Transmission to Other Patients - New Acquisition

- Transmission responsible for 60% of MRSA infections in the ICU and 40% in non-ICU Units¹
- 15 25% of carriers develop MRSA infection during hospitalization or within 18 months²

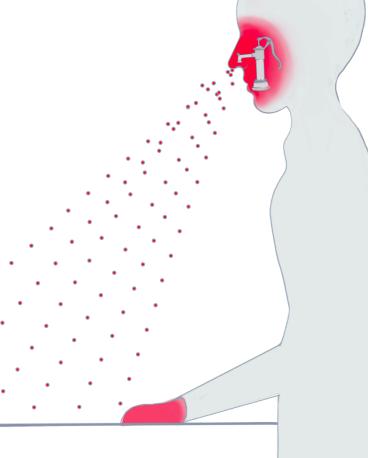






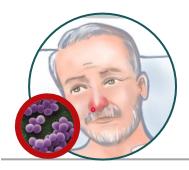
Transmission — Environment to New Patient Acquisition

- Within a few hours, the patient's bedside environment becomes contaminated after admission, and the whole room becomes contaminated within 24 hours.
- 39% increased risk of becoming colonized or infected with prior room occupancy of a patient colonized or infected with MRSA.^{2,3,4,5}
- Colonized MRSA/VRE patients' rooms are contaminated more frequently than by infected patients (p=.033).6
- 7 days to 5 years survival times of S. aureus in dry, inanimate surfaces⁷
- ~68% of surfaces are NOT disinfected by routine daily cleaning or terminal cleaning.⁸



History of S. aureus and Nasal Colonization Risk Mitigation

STAPH AUREUS



1889
Discovered in the nose

History of S. aureus and Nasal Colonization Risk Mitigation

AUTO-INFECTION

1ST MRSA OUTBREAK

ISOLATION PRECAUTIONS

HIGH-RISK TARGETED DECOLONIZATION

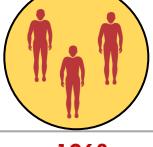
SCREEN & ISOLATE

ICU
UNIVERSAL
DECOLONIZATION

NEW PARADIGM SHIFT
ALL PATIENTS
UNIVERSAL
DECOLONIZATION



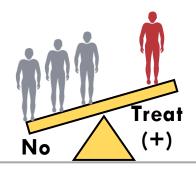
1932
The nose to
finger wound
concept introduced



1968 USA Hospital



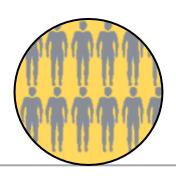
1983
CDC - Isolate
Culture (+)
for MRSA



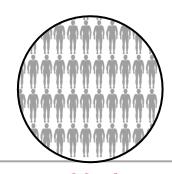
1996 Surgeries
2003 Patients
Treat (+) with
Mupirocin



2006/2007
Active Surveillance
CDC updates
for high MRSA
endemic rates



2013
Treat all ICU
patients with
Mupirocin



2014
Active Source Control for all patients with daily alcohol-based nasal antiseptic



REDUCE MRSA Study

RANDOMIZED CONTROL STUDY:

- 43 hospitals, 74 ICUs, 16 states
- \sim 75,000 patients, 283,000 ICU patient days
- 18-month intervention
- Decolonization agent antibiotic mupirocin

Arm 1: SCREEN AND ISOLATE

Screened all ICU patients and isolate known MRSA (+)

Arm 2: TARGETED DECOLONIZATION

- Screened all ICU patients
- Targeted nasal decolonization/CHG bathing only for known MRSA (+)

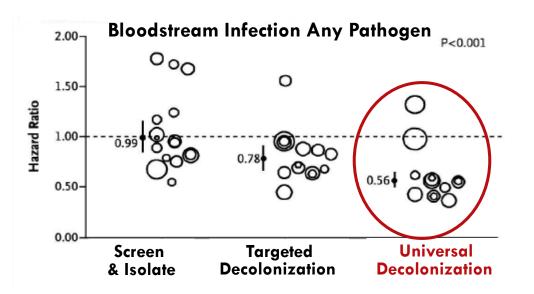
Arm 3: UNIVERSAL DECOLONIZATION

- No screening
- Universal nasal decolonization/CHG bathing for <u>all</u> ICU patients

RESULTS

Universal Decolonization Superior to Screen & Isolate and Target

Decolonization

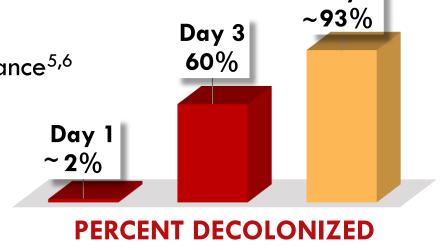


44% decrease in all-cause bloodstream infections

Limitations of Mupirocin vs. an Antiseptic Solution

Antibiotic - Mupirocin (Bactroban®) Limitations to Consider:

- 5-day BID course limited effectiveness until day 3 of treatment^{1,2}
 - 42% compliance with 5-day BID³
 - **Treatment failure** with eradication rate as low as $51\%^4$
- Antibiotic stewardship
 - **Resistance -** Repeated users have a higher rate of resistance^{5,6}
 - Transfer of resistance to CoNS⁷
 - Mupirocin-resistant CoNS has been reported at rates of 32.7% up to 75.2%.^{8,9}
- Selective mechanism
 - Narrow spectrum for gram-positive bacteria
- Local hypersensitivity reactions with mupirocin¹⁰



2010;35:114-8.

Day 5

⁶ Deeny S. et al. 2015. J Antimicrob Chemother 70:3366-3378

⁷ Eed E. et al. 2019. Am J Infect Control 47:1319-1323.

⁸ Bhatt MP, et al. 2016. Med J Armed Forces India 7254-8.

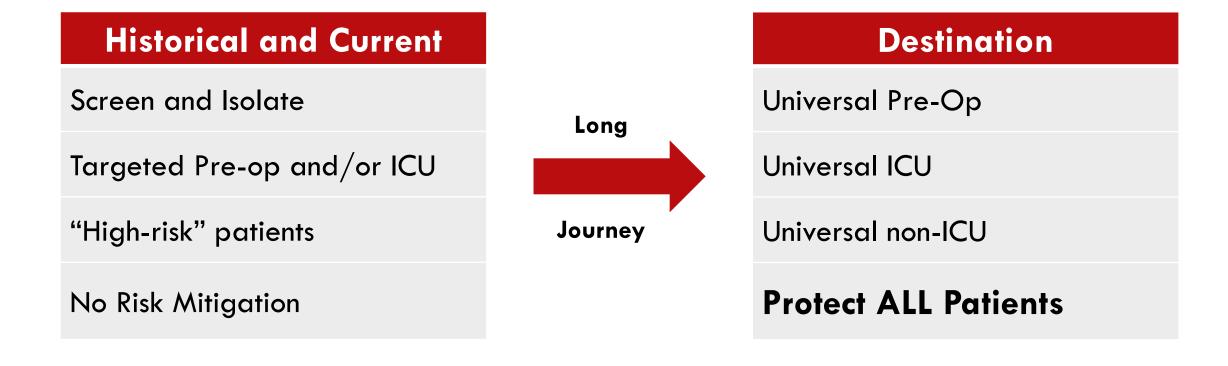
Nasal Decolonization Agents

| Benefits | Alcohol-based antiseptic | Antibiotic prophylactic (mupirocin) | Povidone iodine antiseptic |
|---|--------------------------|-------------------------------------|----------------------------------|
| Effective for gram (+) and (-) | ✓ | × | ✓ |
| Non-antibioticno reported resistance | ✓ | × | ✓ |
| 99% reduction within the first minute | √ | × | ✓ |
| Suitable for daily use | ✓ | × | × |
| Compliance assurance – easy and pleasant to use | ✓ | × | × |

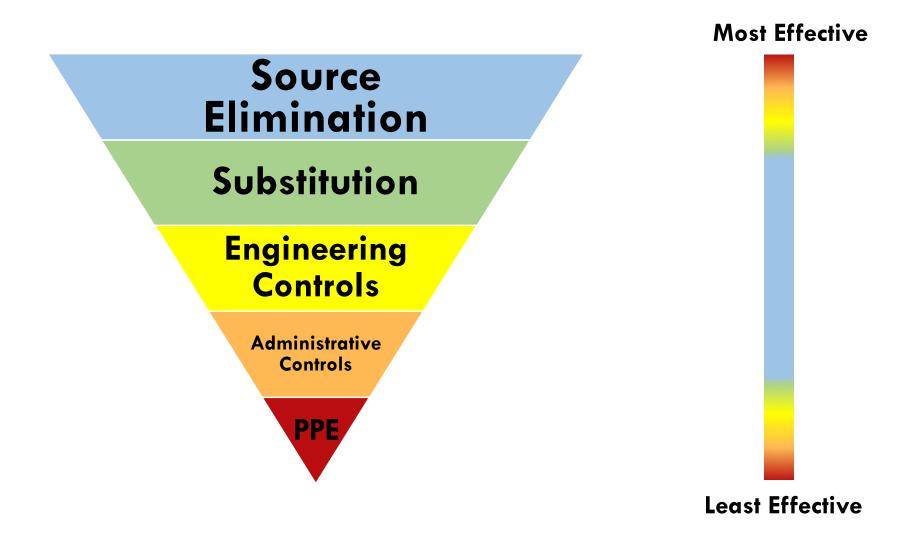
² Anderson 2015 Antimicr Agents & Chemotherapy 59 (5), pp. 2765-2773.

What is the Paradigm Shift?

Radically new definition of how to leverage the power of nasal decolonization to protect patients better, reduce cost and improve throughput



OSHA Hierarchy of Controls



PPE usage failure –
HCP contaminated their
skin or clothing nearly
80% during observations.





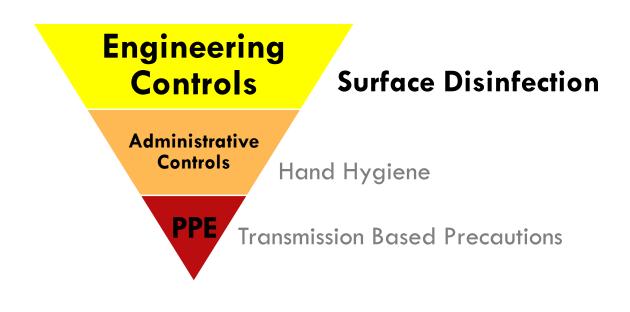
50% compliance after contact with the environment and 80% after direct patient contact.



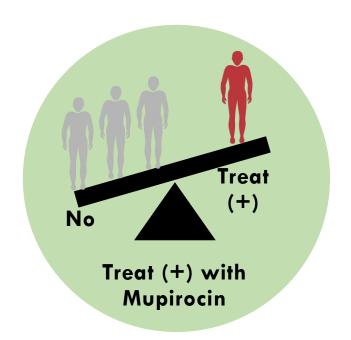


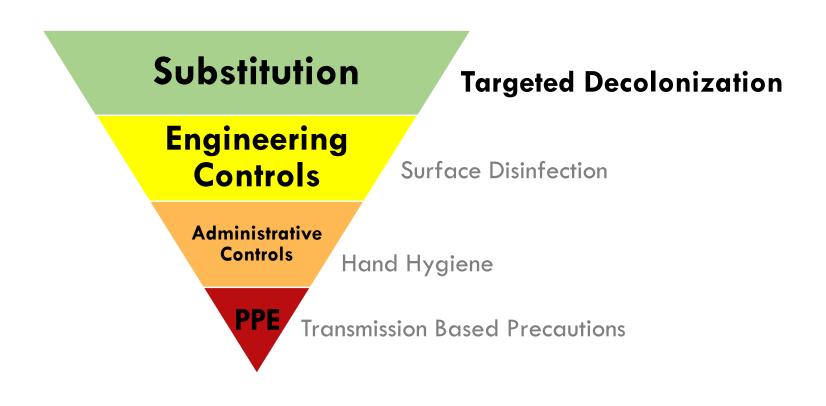
~68% of surfaces are NOT disinfected by routine daily cleaning or terminal cleaning.





35% of colonized patients were not detected when targeting patients for nasal decolonization





Most Effective

Least

Effective

99% Antiseptic Decolonization Efficacy



Source Elimination

Substitution

Targeted Decolonization

Antiseptic Universal

Nasal Decolonization

Engineering Controls

Surface Disinfection

Administrative Controls

Hand Hygiene

PPE

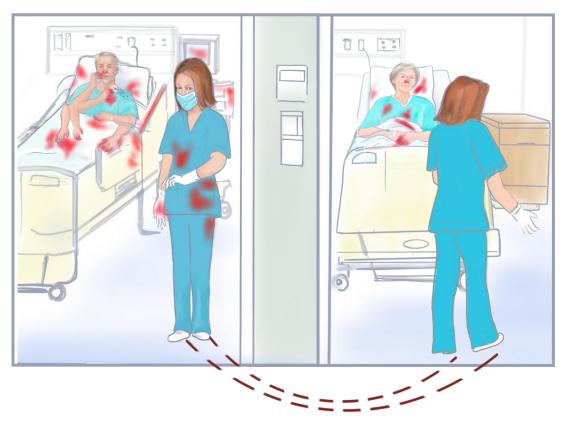
Transmission Based Precautions

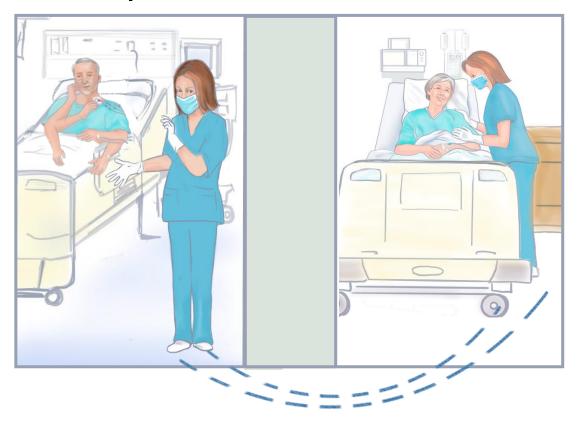
Successful Programs Must Address Both Sources of Infection Risks

Self-Inoculation



Antiseptic Universal Nasal Decolonization





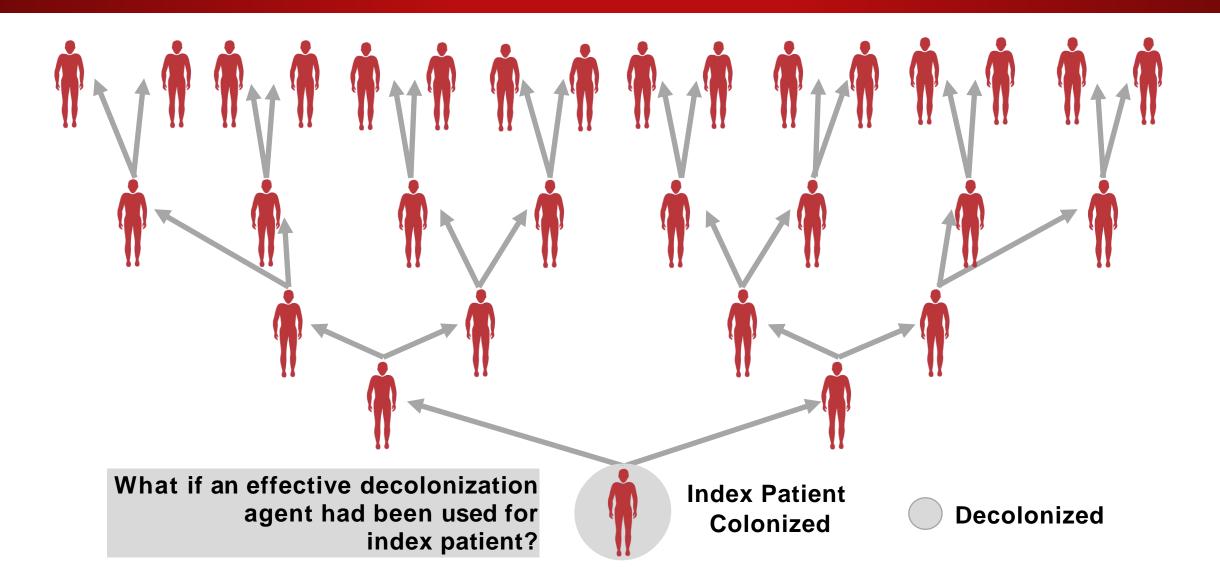
TARGETING PREVENTION PROGRAMS DO NOT ADDRESS

Self-inoculation/Transmission infection risks simultaneously

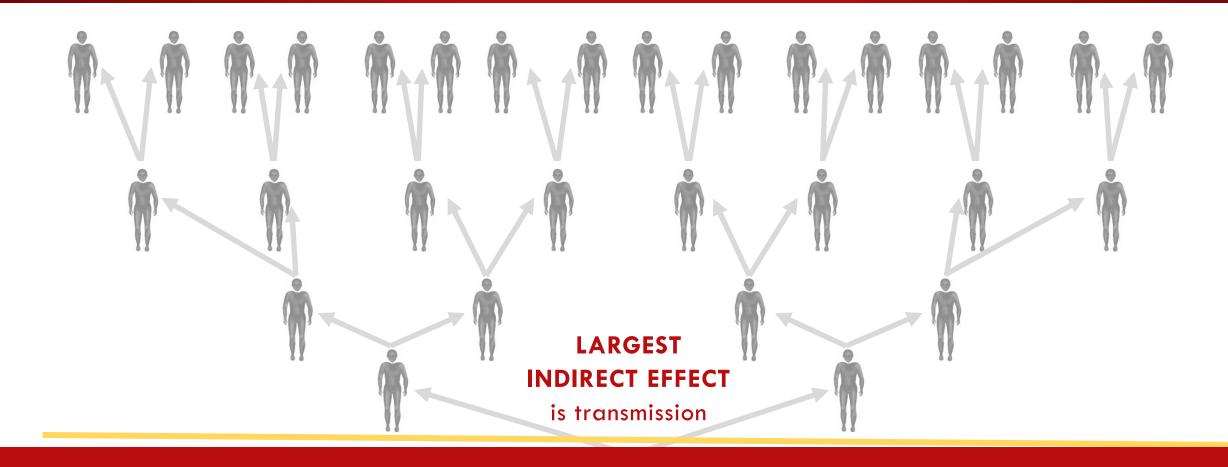
ACTIVE SOURCE CONTROL PROGRAMS PROTECT ALL PATIENTS

From Self-inoculation/Transmission infection risks simultaneously

Decolonization as a Strategy for Preventing Antimicrobial-Resistant Infections - Dr. John A. Jernigan, MS, MS, CDC



Decolonization as a Strategy for Preventing Antimicrobial-Resistant Infections - Dr. John A. Jernigan, MS, MS, CDC



Decolonizing 1 patient could prevent an estimated \sim 9 infections and \sim 3 deaths.

Clinical Evidence Active Source Control Strategy

Daily Universal Nasal Antiseptic Decolonization

MRSA Bacteremia Reduction

Impact of a stepwise intervention on HO MRSA Bacteremia SIR

ICU PATIENTS Phase 1 (Baseline)

-Target, Screen, and Isolate detected MRSA (+) -Universal daily CHG wipes.

ICU PATIENTS Phase 2

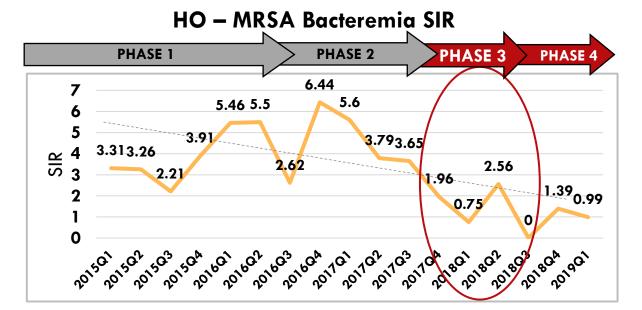
- Continue Targeting, Screening, and Isolating for detected MRSA (+)
- Add 5 BID course with mupirocin for all ICU patients
- Add Daily CHG bathing for all inpatients

ADD ALL INPATIENTS Phase 3

- Stop Targeting, Screening, Isolating, and Mupirocin
- Add Universal Decolonization with Daily Nasal Antiseptic for LOS
- Continue CHG bathing

CONTINUE ALL INPATIENTS Phase 4

- Continue Universal Decolonization with Daily Nasal Antiseptic for LOS
- Continue CHG bathing
- Add Hand-sanitizing wipes



74% Reduction in MRSA bacteremia SIR

MRSA Bacteremia SIR decreased significantly from 3.65 (Phase I baseline) to 0.96 (Phase 4)* p-value= 0.003

MRSA Bacteremia Reduction

| | AUTHOR BASELINE Nasal Product CHG INTERVENTION | | PATIENT | OUTCOME | |
|---|---|---|--|-------------------|---|
| AUTHOR | | | INTERVENTION | POPULATION | Infection Reduction |
| Arden, 2019 Open Forum Infec. Dis | none | Ø | Universal Decolonization Program with Daily Alcohol Nasal Antiseptic | All Inpatients | 100% MRSA Bacteremia (2.14 to 0) |
| | | | | | |
| Reeves, 2020 ICHE | none | Ø | Universal Decolonization Program with Daily Alcohol Nasal Antiseptic | All ICU Patients | 100% MRSA Bacteremia (.24 to 0) |

¹ Arden S. Op Forum Infect. Dis. 2019. 6(S2), S268 ² Reeves L et al. Infect Control Hosp Epidemiol. 2020. 41(S1)

Effects of Decolonization Protocols in Pediatric Critical Care Populations

| AUTHOR | BASELINE | | | PATIENT | OUTCOME |
|---------------------------------------|------------------|----------|--|---|--|
| | Nasal Product | CHG | INTERVENTION | POPULATION | Infection Reduction |
| Schroeder, 2023 APIC Orlando | none | V | 2 years Daily Alcohol Nasal Antiseptic4 years Mupirocin 5 BID | Cardiac Intensive Care Unit (CICU) | 86% 1.60 to 0.22 HO MRSA rates 100% 0.53 to 0.00 MRSA Bacteremia |
| | | V | Nasal Decolonization Program with Mupirocin 5 BID | Neonatal Intensive Care Unit (NICU) | 46% 1.28 to 0.69 HO MRSA rates 100% 0.35 to 0.00 MRSA Bacteremia |

*Pediatric ICU: After including all patients 100% reduction in cases of MRSA bacteremia

SSI Reduction

RASFIINE

| Nasal | | SELINE | INTERVENTION | PATIENT | OUTCOME Infection Reduction |
|---------------------------|------------------|----------|---|---|--|
| | Nasal Product | CHG | | POPULATION | |
| Bostian, 2018 AAOS | none | V | Pre-Op and Post-Op Daily Alcohol Nasal Antiseptic | All Total Joint Arthroplasty Patients | 79% All cause SSI total joints (1.5 to .34) |
| Franklin, 2020 AJIC | none | √ | Pre-Op and Post-Op Daily Alcohol Nasal Antiseptic | All Total Joint Arthroplasty Patients | 100% All-cause SSI total joints (Hip .91 to 0) |

(Knee .36 to 0) Gnass, 63% Pre-Op and Post-Op 2020

Povidone-**Daily Alcohol Nasal Antiseptic** Open **All Surgical Patients** lodine Forum **Voluntary Staff Use**

(2.27 to .80) All-cause SSI Infec. Dis Arden, 100% 2019 **Pre-Op and Post-Op**

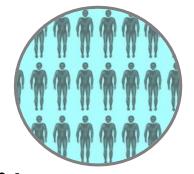
Open Mupirocin **All Inpatients** (.069 to 0)**Daily Alcohol Nasal Antiseptic** Forum All-cause SSI Infec. Dis

AORN eGUIDELINES+



Updated AORN Guidelines on Preoperative Skin Antisepsis (2021) Highlights on recommendations for nasal decolonization:

Universal Decolonization



Section 1.2.1
Universal decolonization (vs. targeted)
resulted in greater efficiency and
lower cost due to SSIs prevented.

Antiseptic



Section 1.3.1

An alternative to mupirocin is the use of an antiseptic (including an alcohol-based antiseptic)

Post-Op Decolonization



Section 1.4

Postop decolonization: Surgical patients may benefit from relatively short-term decolonization or **until the surgical incision has healed**

Financial Burden

SSI INFECTION'

Excess LOS days

SSI:

11

MRSA SSI:

23

Cost to treat MRSA Infection

SSI:

\$20,785

MRSA SSI:

\$42,300

CLABSI INFECTION'

Excess LOS days

CLABSI:

10

MRSA CLABSI:

16

Cost to treat MRSA Infection

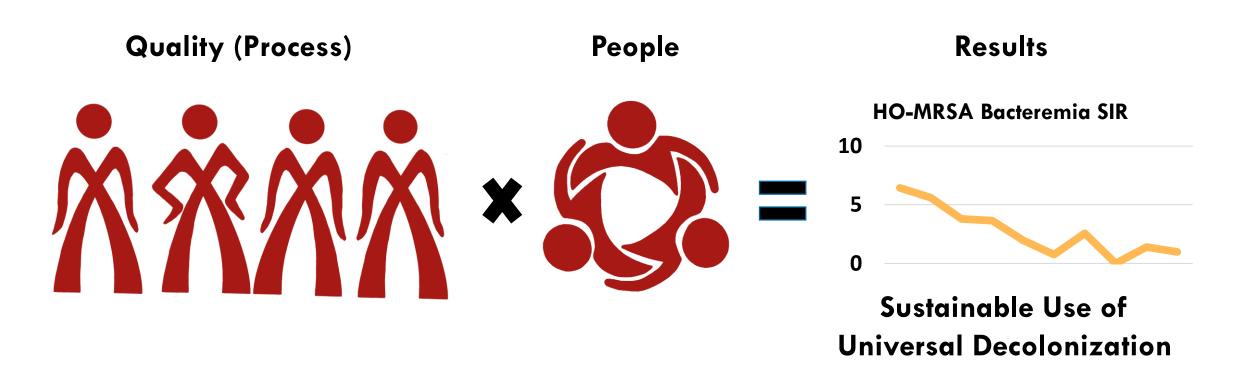
CLABSI:

\$45,814

MRSA CLABSI:

\$58,614

The Key to Success = People



The Monument Health Story

365-bed Community Hospital in Rapid City, South Dakota

GO SLOW TO GO FAST MAKING THE PARADIGM SHIFT HAPPEN







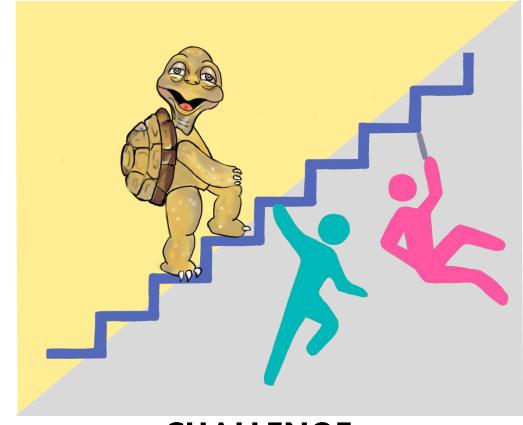
Ty, IP Director

CHANGE MANAGEMENT PROCESS

Problem: Increased CLABSI, Other HAIs

Shared Need: Reduce HAIs

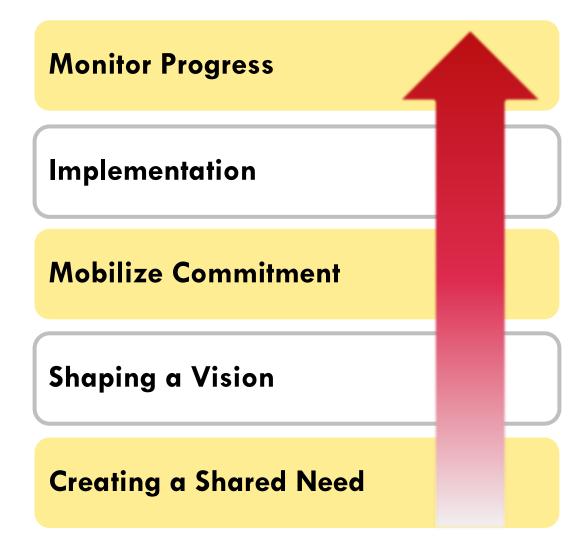
Vision: Getting to Zero



CHALLENGE







The Manument Health Story

| Creating a Shared need — Shaping a vision | | | | |
|---|--------------------|----------------------------------|--|--|
| Colonization Risk | Baseline Estimates | Post-Implementation Estimates | | |
| Total MRSA Colonized Patients | 2,233 | ~0 | | |
| | | | | |

5,855 ~0

Total MSSA Colonized Patients

8,088 ~0

Total MRSA & MSSA Colonized **Patients Total MRSA & MSSA Colonized**

29,938 ~0 **Patients Days**

Hospital Staff in Contact with an 2,658,494 ~0 MRSA & MSSA Colonized Patient

Patients at Elevated Risk of **MRSA** Infection-related 2,233 ~0 Readmission

The Monument Health Story Mobilize Commitment



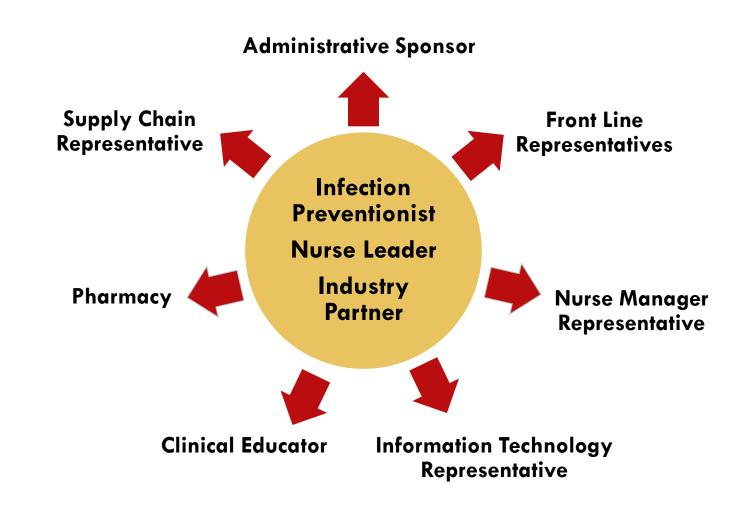
OBJECTIVE:

- Team of committed supporters
 Co-champions, Stakeholders
 - IP
 - Pharmacy
 - Medical Staff
 - CNO
 - C-Suite
 - Frontline Staff
- Identification of potential resistance
- Conversion of key influencers

The Monument Health Story Implementation

Mobilizing Commitment with Frontline Staff





The Monument Health Story Monitoring — Nasal Decolonization Process

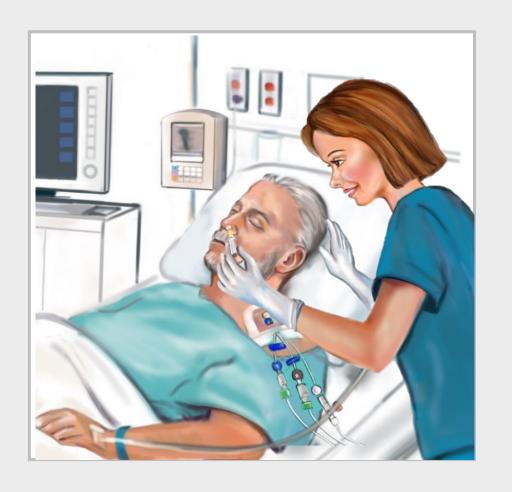




- Monitor the MAR/EMR documentation
- Communicate compliance findings to managers and frontline staff
- Address barriers
 - Product availability
 - Non-compliance
 - New staff education

Nasal Decolonization Patient Experience

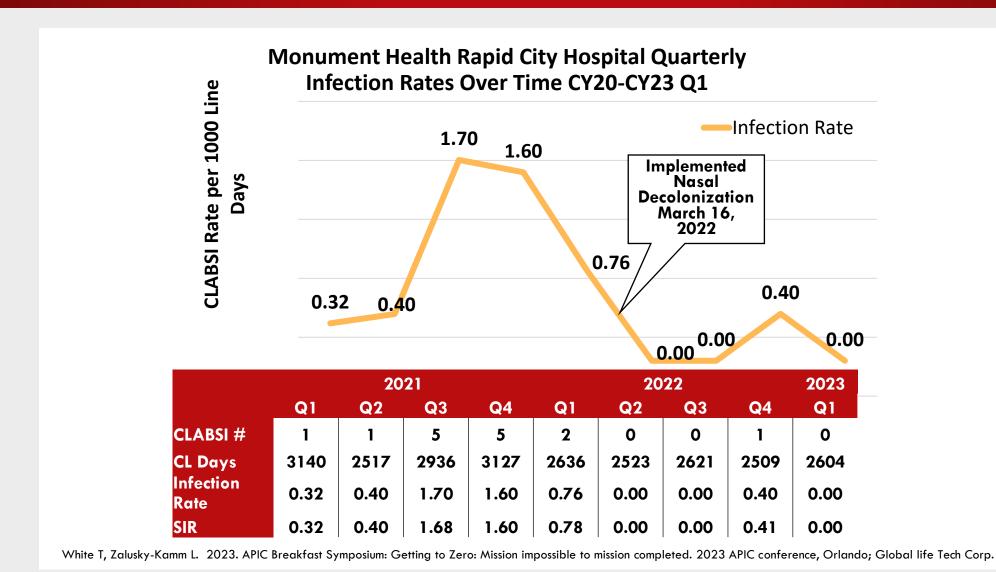
IMPROVEMENT IN PATIENT AND STAFF SATISFACTION



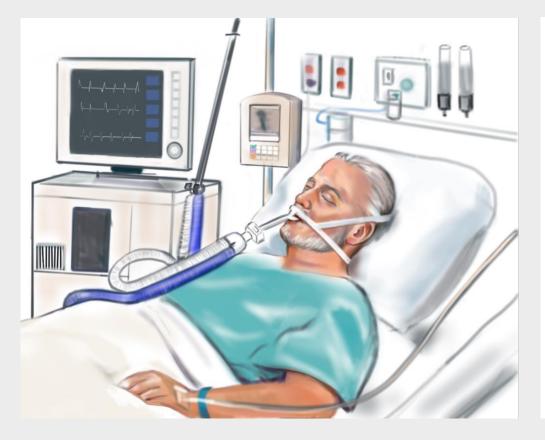
Monument Health

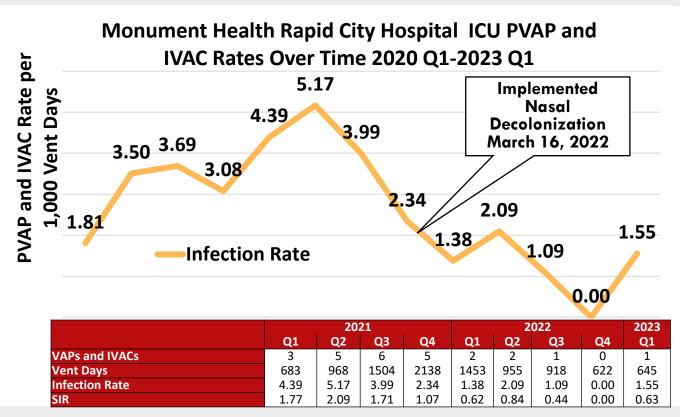
- >90% Compliance
- Discontinued Screen and Isolate
- Product Acceptance

- Shorter Stays
- Improved Patient Safety/ Reduced HAIS



No change in VAP Bundle Addition of Daily Application of Alcohol Nasal Antiseptic





Monument Health ~Cost of CLABSI and VAP Pre versus Post-Implementation

| Туре | ne Avg cost/ | 12 month - Pre Implementation | | 12 month - Post Implementation | | % | ~Total Estimated Treatment Cost |
|-------------------------|----------------|----------------------------------|----------------|-----------------------------------|-----------|-----------|---------------------------------|
| of Infection infection* | No. of HAIs | ~Cost of HAI | No. of HAIs | ~Cost of HAI | Reduction | Reduction | |
| CLABSI | \$48,108 | 13 | \$625,404 | 1 | \$48,108 | 92% | \$577,296 |
| VAP | \$47,237 | 9 | \$425,133 | 1 | \$ 47,237 | 89% | \$377,896 |

White T, Zalusky-Kamm L. 2023. APIC Breakfast Symposium: Getting to Zero: Mission impossible to mission completed. 2023 APIC conference, Orlando; Global life Tech Corp.

Results | Agency for Healthcare Research and Quality (ahrq.gov)

Monument Health Potential Gained Revenue through Excess LOS Days Avoided

| Туре | Avg excess | 12 month - Pre Implementation | | 12 month - Post Implementation | | % | Potential Gained Revenue |
|---------------------|-------------------------------|----------------------------------|---------------|-----------------------------------|---------------|-------------|---|
| of Infection | Infection LOS for 1 infection | No. of HAIs | Excess LOS | No. of HAIs | Excess LOS | Reduction | through Excess LOS Days Avoided ³ |
| CLABSI ¹ | 11.4 | 13 | 148 | 1 | 11.4 | 92 % | \$675,000 |
| VAP ² | 7 | 9 | 63 | 1 | 7 | 89% | \$277,500 |

¹ Stewart S, et al. Impact of healthcare-associated infection on length of stay. J Hosp Infect. 2021 Aug; 114:23-31.

² Lim WS. Pneumonia—Overview. Encyclopedia of Respiratory Medicine. 2022:185–97.

³ Excess LOS avoided x census x net revenue per patient day. Based on publicly available information: \$7,500.

^{4.} White T, Zalusky-Kamm L. 2023. APIC Breakfast Symposium: Getting to Zero: Mission impossible to mission completed. 2023 APIC conference, Orlando; Global life Tech Corp.

Monument Health Story

365-bed (39 Adult ICUs)Community Hospital in Rapid City, South Dakota

| Actual Cost and Revenue Im | pact |
|--|-------------|
| 12 CLABSI infections avoided (\$48,108 each est.) | \$577,296 |
| 8 VAP infections avoided (\$47,237 each est.) | \$377,896 |
| 70 estimated avoided MRSA-related readmissions (under 90 days, \$12,000 each est.) | \$876,000 |
| Total Avoidable Treatment Cost (est.) | \$1,831,792 |
| Product Cost (est.) | - \$465,964 |
| Potential Overall Savings (est.) | \$1,365,828 |
| Potential Gained Revenue through 211 Excess LOS Days Avoided | \$952,500 |

¹ Stewart S, et al. Impact of healthcare-associated infection on length of stay. J Hosp Infect. 2021 Aug; 114:23-31.

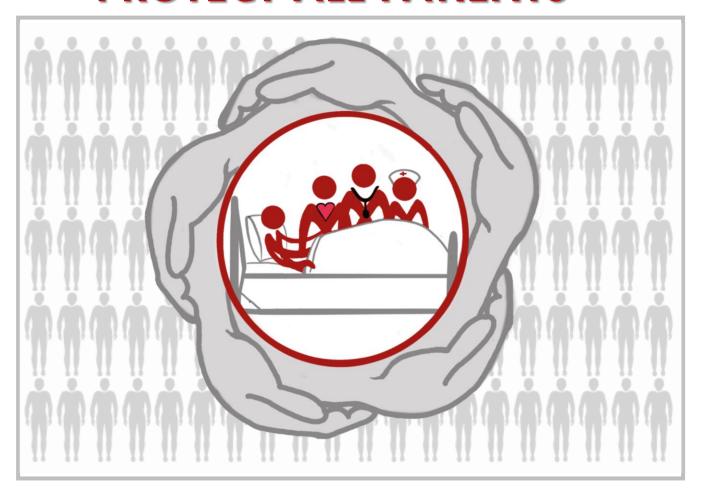
² Lim WS. Pneumonia—Overview. Encyclopedia of Respiratory Medicine. 2022:185–97.

³ Excess LOS avoided x census x net revenue per patient day. Based on publicly available information: \$7,500.

^{4.} White T, Zalusky-Kamm L. 2023. APIC Breakfast Symposium: Getting to Zero: Mission impossible to mission completed. 2023 APIC conference, Orlando; Global life Tech Corp.

Paradigm Shift — Protect All Patients

PROTECT ALL PATIENTS



Active Source Control Strategy

Mitigate the risk of colonization through UNIVERSAL NASAL DECOLONIZATION

You Can Do This Too!

Implement a MRSA/MSSA Colonization Risk Mitigation Program

- Largest impact on HAI/MRSA infections and readmissions of any single program effort
- Low impact on staff easy to deploy and scale
- No capital investment
- Improve the quality of patient care and satisfaction
- Potentially reduce CMS penalties associated with HAC and excess readmissions

Earn Contact Hours: Attendance Documentation



Please scan QR code or go to the following link https://qrco.de/KarenHoffmann

to receive your CE evaluation.

Note: You will not receive CE credit unless you complete this step.

Questions?

Connie Questions

- Has anyone in the audience implemented a universal nasal decolonization program?
- What is the biggest barrier you face?

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Resources for Staphylococcal Decolonization

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